

Fall 2022 Schedule Sept 7 - Oct 6		
MONDAY	WEDNESDAY	THURSDAY
5:10 - 6:10PM STAR 2-4	5:15-5:45PM-CanPower Tune-up	5:10-6:05PM STAR 5-Gold
5:10 - 6:10PM Group STAR		
6:10 - 6:25PM STROKING		6:05-7:00PM STAR 1-4
6:25 - 6:30PM CS set up	6:05-7:00PM STAR 2-4	
6:30 - 7:20PM CS Tune-up*		
7:20 - 7:40PM STAR 5- Gold		
Skills /Dance		
7:40 - 8:00PM STROKING/edge		
8:00 - 8:10PM FLOOD		
8:10 - 9:00PM STAR 5-Gold		
Freeskate		
*4 week tune-up programs start the week of Sept 12th		

